1:30-3p | Forevercise

10:30-11:30a | Line Dancing

1-2p | Flow & Balance Class

1:30-3:30p | Jam Session

12-1p | Sit & Fit

7-9p | Game Night

|                    | Sun             | Mon  | Tue  | Wed  | Thu  | Fri  | Sat   |
|--------------------|-----------------|--|--|--|--|--|---|
| PARKS & RECREATION | 1 HAPPY NEWYEAR | CLOSED  REGISTRATION BEGINS FOR THE BRAZOS VALLEY SENIOR GAMES!                          | 3 9-10a   Jamboree Line Dancing 10:30-11:30a   Line Dancing 12-1p   Sit & Fit 1:30-3:30p   Jam Session 7-9p   Game Night   | 9:30-11a   Computer Club for Seniors "Troubleshooting Q&A" — Carter Creek Training Rm. 9:30-11:30a   Learn to Play 42 Dominoes 1:30-3p   Forevercise   | <b>5</b> 9-11:30a   Mah Jongg 9:30-11:30a   42 Dominoes 12-1p   Sit & Fit                  | 6 9-10a   Jamboree Line Dancing 9-11:30a   Bridge 10:30-11:30a   Line Dancing 1:30-3p   Forevercise  | 7   |
| PARKS &            | 8               | 9 10:30-11:30a   Beginning Line Dancing Workshop 12-1p   Sit & Fit 1:30-3p   Forevercise | 10<br>9-10a   Jamboree Line Dancing<br>10:30-11:30a   Line Dancing<br>12-1p   Sit & Fit<br>1:30-3:30p   Jam Session<br>7-9p   Game Night   | 11 9-11:30a   Learn to Play 42 11a-12p   Strictly Business "Learn about local business: Brown's Shoe Fit Company" 1:30-3p   Forevercise  | <b>12</b><br>9-11:30a   Mah Jongg<br>9:30-11:30a   42 Dominoes<br>12-1p   Sit & Fit        | 13 9-10a   Jamboree Line Dancing 9-11:30a   Bridge 10:30-11:30a   Line Dancing 1:30-3p   Forevercise  RSVP DUE for Lunch Lecture: 979.764.6371 | 14 9a-6p   The Dream Works Conference — Lincoln Recreation Center More info: cstx.gov/lincolncenter |
|                    | 15              | 16  CLOSED  Martin Luther King Jr. Day   | 17 9-10a   Jamboree Line Dancing 10:30-11:30a   Line Dancing 12-1p   Sit & Fit 1:30-3:30p   Jam Session  7-9p   Game Night   | 18 9-11:30a   Learn to Play 42 9:30-11a   Family History Computer Group "Who said we don't look ahead? New tools for 2017" Carter Creek Training Rm.  11:30a-1p   Exploring History Lunch Lecture "To Bataan & Back" — Aldersgate United Methodist Church  1:30-3p   Forevercise | 19 9-11:30a   Mah Jongg 9:30-11:30a   42 Dominoes 12-1p   Sit & Fit 1-3p   Movie & Popcorn | 20<br>9-10a   Jamboree Line Dancing<br>9-11:30a   Bridge<br>10:30-11:30a   Line Dancing<br>1:30-3p   Forevercise                               | 21  |
|                    | 22              | 23<br>12-1p   Sit & Fit<br>1:30-3p   Forevercise   | 24 9-10a   Jamboree Line Dancing 9a-2p   AARP Driver Safety Class — Carter Creek Training Rm. 10:30-11:30a   Line Dancing 12-1p   Sit & Fit 1-2p   Flow & Balance Class 1:30-3:30p   Jam Session 7-9p   Game Night | 9:30-11:30a   Learn to Play 42 Dominoes 1:30-3p   Forevercise 1:30-3p   National Issues Forum: Healthcare: "How can we reduce the cost and still get the care we need?"  | <b>26</b> 9-11:30a   Mah Jongg 9:30-11:30a   42 Dominoes 12-1p   Sit & Fit                 | 27 9-10a   Jamboree Line Dancing 9-11:30a   Bridge 10:30-11:30a   Line Dancing 1:30-3p   Forevercise 1:30-3p   BINGO & Birthday Celebration    | 28  |
|                    | 29              | 30 10-11:30a   Senior Advisory Board Committee Meeting 12-1p   Sit & Fit                 | 31 9-10a   Jamboree Line Dancing 9:30-11:30a   Genealogy 201 Class — Carter Creek Training Rm.   | BRAZOS VALLEY<br>SENIOR GAMES  |  | D COMMUNITY    Monday-Friday, 9 a.m.   |   |

Facility Hours | Monday-Friday, 9 a.m.—3 p.m. Conveniently located in Brian Bachmann Community Park Lincoln Recreation Center Programs are on the reverse side



**Class Fee** 





Special Event Closure / Holiday Meeting



**REGISTRATION: JAN. 2-FEB. 13** 

**EVENT:** FEB. 24-26

**INFO:** CSTX.GOV/SENIORS

10-11:30a | Learn to Setup an Email Account

| Sun              | Mon  | Tue  | Wed   | Thu  | Fri   | Sat   |
|------------------|--|--|---|--|---|---|
| 1                | 2  | 3 CLOSED   | 4   | <b>5</b><br>9-10:30a   Coffee & Snacks<br>10:30-11:30a   Exercise by Video | 6<br>10a-12p   Game Day: Dominos,<br>Spades & SkipBo      | 7   |
| HAPPY<br>NEWYEAR | REGISTRATION BEGINS FOR<br>THE BRAZOS VALLEY<br>SENIOR GAMES!  |  |   |  |   |   |
| 8                | 9a-1p   Relax with a Cup of<br>Coffee & Activity of Your Choice  | 10<br>9-11:30a   Activity of Your Choice<br>Birthday: Henry Lewis  | <b>11</b><br>9-10a   Coffee & Relax<br>10-11a   Sit & Fit by Video  | 12<br>9:15-10:15a   Bible Study with<br>Vicki                              | 13<br>9:30a-12:30p   Game Day:<br>Table Games             | 14 9a-6p   The Dream Works Conference More info: cstx.gov/lincolncenter  10-11a   Soul Food Luncheon — Neal Rec Center in Bryan |
| 15               | CLOSED Martin Luther King Jr. Day  10a   Freedom March — Sadie Thomas Park in Bryan                            | 17 9-10a   Let's Walk, Step-Up or Ride the Bike 10-11a   Nutrition Education presented by Texas AgriLife | 18 9:30-10a   Coffee & Snacks 9:30-11a   Family History Computer Group "Who said we don't look ahead? New tools for 2017" Carter Creek Training Rm.  10-11a   Sit & Fit by Video  11:30a-1p   Exploring History Lunch Lecture "To Bataan & Back" — Aldersgate United Methodist Church | 19<br>9:15-10:15a   Bible Study with<br>Vicki                              | 20<br>10a-12p   Game Day: Table<br>Games & Line Dancing   | 21  |
| 22               | 23<br>9a-11:30a   Activity of Your Choice  | 24 9a-2p   AARP Driver Safety Class — Carter Creek Training Rm.  10-11a   Chair Exercise                 | 25<br>9:30-10a   Coffee & Snacks<br>10-11a   Sit & Fit by Video   | 26<br>9:15-10:15a   Bible Study with<br>Vicki                              | 27 10-11a   Line Dancing 11a-12p   Monthly Birthday Party | 28  |
|                  |  | Birthday: Alma Hamidullah  |   |  | Birthday: Alfonso Garcia                                  |   |
| 29               | 30 9-10:30a   Coffee & Snacks 10-11:30a   Senior Advisory Board Committee Meeting — Southwood Community Center | 31<br>9-11:30a   Activity of Your Choice   | BRAZOS VALLEY<br>SENIOR GAMES   | LINCOLN RECREATION CENTER  Facility Hours   Monday-Friday, 9 a.m.—1 p.m.   |   |   |



**Class Fee** 



**REGISTRATION: JAN. 2-FEB. 13 EVENT:** FEB. 24-26 **INFO:** CSTX.GOV/SENIORS

Facility Hours | Monday-Friday, 9 a.m.—1 p.m. Hot meals served daily at 11:30 a.m. (60+ & completed a intake form) Southwood Community Center Programs are on the reverse side

> Special Event Closure / Holiday Meeting